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Forming Family Life Practice and Experiences in Young People Mind

Key words: *family, family life, young people, family morality, life practice, experiences.*

Annotation: *the article deals with some aspects of up-brining young people, providing them the right practice and experiences of family life in condition of changing world.*

In recent years, "Family ethics and behaviors" have been taught in high schools, academic lyceums and colleges. Why the question? Why young people should learn about family? Modern-day sociologists, psychologists and pedagogues, as well as jurist-scholars, are particularly concerned about the need to educate young people about family morality.

Nowadays, divorces are becoming more and more numerous, in result as many children aren't parents, unwanted, such as selling to others. The number of unmarried is also increasing. Consider how these affect the development of society? It should be said that young people did not understand the meaning of the sacred name of the family and could not bear the responsibility of the family. They are look at the facile of marriage. They still do not understand much. Moral practice and experiences have not been developed yet.

The question of where and how the family life practice and experiences are formed. In our opinion, it first starts with a family. For this, it is recommended to consider the following rules of family life ethics and psychology.

Firstly: parents should be similar kind and polite to their children.

Secondly: it is impossible to forget that boys are a good example for their father and for daughter their mother.

Third: do not forget the parent's relationship with each other it is example for children.

Fourthly: parents and other members of the household should treat mother-in-law and father-in-law as well as their attitude towards their parents be an example.

Fifth: to share in family traditions, customs, ceremonies, holidays, and so on.

Sixth: Interpretation of state-owned holidays and celebrations. This is especially public walking important for people.

Seventh: the child is given a beautiful name and should be kept in mind at times by explaining the essence of the.

Eighth: Do not forget that the ceremonies relating to the individual's personality have an impact on their free-will. Understand that it is impossible to deceive or exaggerate the norm. If you deceive the child, child will deceive you.

Ninth: Imagine the consequences of bad habits, such as at home, in the family, for the consumption of alcohol, cigarettes, mischief, filth, immorality and theft.

Tenth: Participate with youth in public work. For example, sumalak, halim, hashar, ariq cleaning, visiting sick and disabled people, being in the pilgrimage, in worship.

The eleventh: is to pay attention to the reproductive health of a young man and girl, and to draw close to them in this regard. They need to be explained shameless. The most interesting questions for young people are:

- a) changes in the genital organs and their interactions;
- b) What changes in the body of girls, how should be met they?
- c) What psychological symptoms occur in adolescents? What does it torment them?
- d) How should a young man and girl behave themselves?
- e) Tell their parents, friends, female friend, or bride?
- f) How should parents behave in this regard?

Twelfth: The first sympathy for the youth. The question is what to do. This is the parent's own need for such a spirit.

Thirteenth: your son or daughter will be love. How do parents behave in this situation? Plan ahead to give them instructions. Do not insult, disassociate, investigate, shake, fight, beat, deprive, but help him to protect his love and get to end for his love. Watch movies and theaters that share love, read works. Do not forget about personal life stories, poems, stories about the life of the beloved, your personal love, and the personal thoughts on this subject.

Fourteen: Think about the effects of afflictions, joys, happiness, and the effects of the end after their children.

It is worthwhile to read Abu Rayhon Beruniy's morals about the world's intellectual and think-tank history. Scholar's of the work "Ancient monument of the Past Generations" note that some of them behave falsity, stinginess, hypocrisy, flattery, filth and countless slander and people each other affection, love relation their perceptive, quick-witted and clever, feel the flavor spiritual, moral, - the opinion of the together.

Beruniy says, "It is moral appearance human's that human beings look good" - to keep the teeth, mouth, eye and eyelids clean, to put them antimony, to paint the hair if necessary, to take nails and take xino, to smile at the right time, to be able to speak with the sweet tongue". The sweetness of the tongue can make the man and woman feel better and no need to demand other things. "

The great scientist and poet Alisher Navoi, who can glorify the world's culture and literature in Turkish language, mentions the love of hearts in his Mahbub-ul-qulub, which he names. This

book deals with its 40th chapter titled "Marriage and the Wives" in the preface of the precious ideas about family, women's morale, man's morale and love.

Navoi opinion: "The good woman is luck of the family and the state;" "If she beautiful"

Navoiy is a person who has the same qualities as the honest couple, he will have a crooked and loyal tannery in the world of poverty and pernicious illness. If you have any trouble in your life, your partner will be worried about it, and if you have misfortune, it will be worse for you, if you have grief it will careful you, if your body have illness and weakness thoughtful this she" – say's. In these couplets, there are many deep-rooted ideas and thoughts. "If does meet a hypocrite wife, there is a deadly illness in your home. If she is willing to do evil, she will be punished and she will be wounded. If it is not clever, the husband sees his face. If you are a carnivore, your home will disappear. If it is unfair, it will ruin the family".

The age of 16 is 18 youth years. The soul that moves the youngster is the school, the learning process, personal activity, and education. It comes from the fact that it is confronted with psychic situations, conflicts between the psychic state, physical change, self-awareness, the emergence of "I" personality, the search for its place, the increasing need for intelligence, talent and spiritual abilities, learning how to control the emotions begins to pass on the desire to know the inner feelings and emotional experiences.

It is characterized by leadership and self-evaluation. Future goals, wishes, desire to be desired, dreams and hopes are the choice of profession, patriotism. They will now be able to look for the ideal and ideal search for themselves. At this time, the parents approach to more teachers. This is why they have more questions to answer, chat, talk around the round table. Talking about it should make sure that the adult is in the right direction. Particular attention should be paid to building a solid faith in this era. Otherwise, the adolescent's spirituality will include illogical ideas, selfish plans, immorality, indifference, frustration, disharmony, fraud, and laziness.

Psychologists believe that during this period, boys are more likely to be influenced by their peers, and girls have the ability to respond quickly to adults. It is important to consider such a state of affairs.

The ages of 16-18 are rich in romance. Romantic is understood as the sum of the sense of self-esteem, the idea of fantasy. At the same time, they create a sense of friendship, companionship, affection, love. However, this kind of spiritual proximity at this time is manifested in kindness, mutual understanding, sharing thoughts and feelings.

The closeness of the two sexes of the youngsters, the way they look at life, their curiosity and taste make the sense of joy in their union, remember that you can burn love. At this age, psychology of perception and beauty of life is more than ever before. They have a tendency to understand and understand the psychology of soft, pleasing souls that awakened the work. Their thoughts, ideas or observation arise. They want to explore in the direction they have chosen now.

They have a lot of interest and change. Sensitivity, observing improves. Creative, fantasy dreams are activated. The desire for independence is intensifying. Faith, world outlook, talent, and abilities begin to emerge. This is why it is important to instill in them a love of the book.

As far as we know, each of the young people has a modern, high-tech technique. Raising them by these means is also urgent today.

Unfortunately, these young people are writing and listening to music on their phones only in the form of songs and music. Audiobooks were replaced by a stimulus for the listener's mind. To do this, it would be effective if the book reads "We reading book" with the project "We listen to the book", which is written today in record-breaking studios, where the works of writers and poets can be spared. This user can save youth time.

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